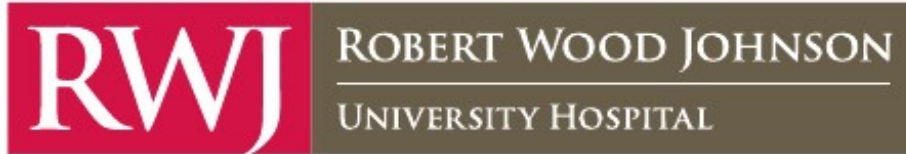




DINING



FOR ALL SEASONS



The Department of Food and Nutrition is pleased to offer you Room Service Dining. Room Service allows you to select from a restaurant style menu. Feel free to let your Room Service Dining Associate know how we can help meet all of your food service needs. We are here to provide you with EXCELLENT service.

It is our pleasure to serve you! How to Place Your Order

1. Dial "DINE" (extension 3463) between the hours of 7:00 a.m. and 7:00 p.m. If you are calling in a meal order for a patient from outside the hospital, please call 732-253-3463.
2. Identify yourself to the Room Service Dining Associate who will verify your name, room number, and the diet ordered by your physician.
3. Place your order.
Condiments available upon request.

Your meal will be prepared to your specifications and served to you within 45 minutes of your request.

Special/Restricted Diets

This menu is designed by our Registered Dietitians and culinary team. It is designed to meet all Diabetic, Cardiac, and Renal diet restrictions.

Please note that certain menu items may not be permitted for all diet restrictions.

If you are on a special/restricted diet, our Room Service Dining Associates will be happy to assist you with your menu selections.

If you are on a diabetic diet, please inform your nurse when you order your meal, as it will enable the nurse to administer your

Breakfast

Served all day!

FRUIT

Fresh Apple
Fresh Fruit Cup
Fruit Cocktail
Canned Peaches

Banana
Cantaloupe
Applesauce
Raisins

Orange Wedges
Canned Pears
Stewed Prunes
Pineapple Chunks

CEREAL

Oatmeal
Raisin Bran
Rice Krispies
Apple Jacks
Frosted Mini Wheats

Cream of Wheat
Cheerios
Special K
Frosted Flakes

Corn Flakes
Honey Nut Cheerios
Shredded Wheat
Froot Loops
Rice Chex

BREAKFAST ENTRÉES

Scrambled Eggs

Hard Cooked Egg

Egg Whites

Omelette or EggWhite Omelette with your choice of:
Cheese, Ham, Bacon, Sausage, Mushroom, Onion, Tomato, Green Pepper

Harvest Pancakes

French Toast

Waffles

Bacon

Sausage

Turkey Sausage

Hash Brown Potatoes

Cottage Cheese

Yogurt – Plain, Vanilla, Strawberry, Blueberry
Greek Yogurt – Vanilla, Black Cherry, Pineapple

BREAKFAST BAKERY

Bagels – Plain, Cinnamon Raisin, Whole Wheat

Muffins – Corn, Blueberry, Bran

Appetizers

SOUPS

Chicken Noodle
Wild Mushroom Bisque
Beef, Chicken or Vegetable Consommé

Beef Minestrone
Cream of Broccoli
Split Pea

SIDE SALADS

Fresh Garden Salad
Carrot Sticks
Macaroni Salad
Potato Salad
Tomato & Mozzarella Salad

Celery Sticks
Cole Slaw

Dressings: Italian, French, Tuscan Island, Ranch,
Caesar, Balsamic Vinegar, Oil and Vinegar
(Diet dressings available: Italian, French,
Tuscan Island)

ENTRÉE SALADS

Chef Salad
Cottage Cheese & Fruit Platter
Grilled Chicken Caesar Salad

Create Your Own Sandwich

(Whole or Half)

Choice of: Roast Beef, Turkey Breast, Ham,
Tuna Salad, Egg Salad, Chicken Salad,
Bacon, Lettuce & Tomato, Peanut Butter & Jelly

Cheese – American, Swiss, Provolone

Breads – Wheat, Rye, White, Multi-grain, Pita, Croissant,
Kaiser Roll, Tortilla Wrap, Hoagie Roll, Crackers,
Low Sodium Crackers, Melba Toast, Dinner Roll

Chef Inspired Entrées

Chef Special of the Day

Please ask your Room Service Dining Associate
for the daily special

Chicken Marsala

Pan seared chicken breast sautéed with fresh mushrooms and
served with a delicate marsala wine sauce

Mango Salmon

Salmon rubbed with a BBQ mango seasoning, grilled to
perfection and topped with a tropical mango salsa

Roasted Turkey Breast

Oven roasted turkey breast complimented
with a homestyle gravy

Homestyle Meatloaf

Our signature all beef meatloaf served with a
savory brown gravy

Chicken Parmigiana

Breaded chicken breast topped with a homemade marinara
sauce and mozzarella cheese

Sesame-Ginger Tilapia

Ginger soy marinated tilapia baked to perfection and
topped with sesame seeds

Grilled Chicken with Bruschetta and Asiago Cheese

Chicken breast marinated in balsamic vinegar topped with
shredded asiago cheese and a flavorful tomato bruschetta

Baked Eggplant Parmigiana

Lightly battered eggplant, layered with homemade marinara sauce,
baked with mozzarella cheese

Stir Fry with Beef, Chicken or Tofu

Stir fry vegetables with your choice of either beef, chicken or tofu

From The Grill

Hamburger

Gardenburger

Grilled Cheese (Tomato/Ham)

Cheeseburger

Turkey Burger

All Beef Hot Dog

Philly Cheese Steak

Quesadillas

Cheese ~ Beef ~ Chicken

Choice of: Tomato, Onion, Green Pepper, Mushroom,

Sour Cream, Salsa

Accompaniments

Lettuce, Tomato, Raw Onion, Sautéed Onions,

Sauerkraut, Pickle Chips, Pickle Spear,

Mayonnaise, Ketchup, Mustard, Relish

Pizza & Pasta

Pizza

Cheese, Vegetarian, Pepperoni, Sausage, Buffalo Chicken

Choice of: Tomato, Onion, Mushroom, Green Pepper

Pasta

Linguini, Penne, Whole Wheat Penne, Cheese Ravioli

Toppings: Meatballs, Grilled Chicken

Sauces: Marinara, Alfredo, Vodka

On The Side

Baked Sweet Potato

Gourmet Potato Wedges

Macaroni & Cheese

Wild Rice with Diced Tomato and Garlic

Mashed Potatoes

Baked Potato

Noodles

Spanish Rice & Beans

Steamed Rice

Carrots

Whole Kernel Corn

Sweet Temptations

- Pudding** – Vanilla, Chocolate, Tapioca, Rice,
Sugar Free Vanilla, Sugar Free Chocolate
- Gelatin** – Orange, Cherry, Sugar Free Orange, Sugar Free Cherry
- Ice Cream** – Vanilla, Chocolate, Lactose Free,
Sugar Free Vanilla, Sugar Free Chocolate,
Sugar Free Black Raspberry
- Sherbet** – Lemon, Orange
- Italian Ice** – Lemon, Orange, Raspberry, Sugar Free Orange
- Popsicle** – Cherry, Orange, Root Beer
- Cakes** – Angel Food, Carrot Cake, Cheesecake,
Chocolate Layer, Pound
- Pies** – Boston Cream, Lemon Meringue, Warm Apple Crisp
- Cookies** – Chocolate Chip, Graham Crackers, Fig Newtons, Oreo,
Oatmeal Raisin, Sugar, Vanilla Wafers, Vanilla Sandwich,
Sugar Free Chocolate, Sugar Free Shortbread

Beverages

- Coffee** – Regular, Decaffeinated
- Tea** – Regular, Decaffeinated, Lemon Herbal
- Hot Chocolate** – Regular, No Sugar Added
- Milk** – Skim, Low Fat, Whole, Chocolate, Lactaid, Soy
- Juices** – Orange, Apple, Cranberry, Grape, Prune,
Tomato, V8, Low Sodium V8, Sugar Free Lemonade
- Iced Tea** – Sweetened, Diet, Decaffeinated
- Soda** – Pepsi, Diet Pepsi, Ca eine Free Pepsi,
Caffeine Free Diet Pepsi, Club Soda, Sierra Mist,
Diet Sierra Mist, Gingerale, Diet Gingerale

Liquid Diets

CLEAR LIQUID DIET

Apple, Cranberry or Grape Juice
Beef, Chicken or Vegetable Consommé
Cherry or Orange Gelatin

FULL LIQUID DIET

Cream of Wheat
Cream of Mushroom or
Cream of Broccoli Soup